

# Toasties



A Set of Toasties will warm the hearts and hands of those you love this winter. Warmed in the microwave and slipped into a pair of gloves or boots, they will comfort those shoveling snow or waiting on cold bus stops. Make them for all your loved ones!

**FINISHED SIZE:** Approximately 2 ½" x 3" (5 ½ cm x 7 ½ cm)

## **MATERIALS:**

-Cascade 220, 100% Peruvian Highland Wool, 100g (3.5 oz)/220 yd

-COLOR A: Tutu (9477)

-COLOR B: Ruby (9404)

-2 sets Size 3 circular needles

-Circular needle length is not important, any length will work

-Crochet Hook

-Tapestry Needle

-¼ cup white rice (DO NOT COOK) (enough for two hand warmers)

**GAUGE:** Not important for this project

**DIFFICULTY:** A Fun First Color Work Project

Techniques used include: Double Knitting Cast On, Knitting in the Round using Two Circular Needles, Stranded Color Work, and Three-Needle Bind Off

#### STITCHES AND ABBREVIATIONS USED:

k = knit

p = purl

K2tog = Knit 2 stitches together

#### DOUBLE KNITTING CAST-ON:

Step 1: CO with A using any method you like. You will be casting on the number of stitches required for one side of the item you will be knitting. In this case, CO 19 sts.

Step 2: You will now work 2 sts in each cast on stitch for the first row.

-Knit through the front loop of the first stitch with A, do not drop the stitch from the left needle.

-Purl through the back loop of the same stitch with B, drop the stitch from the left needle.

Continue as established, knitting into the front of the stitch with A and purling into the back of the stitch with B, until you finish the row.

#### THREE NEEDLE BIND-OFF:

Step 1: Hold your two needles so that both sides are held together (in this case, the wrong sides are held together) and they are facing to the right.

Step 2: Using a third needle, knit one stitch through the next stitch on both needles at the same time.

Step 3: Repeat Step 2, knitting the next stitch through the stitches on both needles. Then leap frog the first stitch on the right needle over the second stitch, just like you would for a normal bind off.

Repeat Step 3 until all the stitches are bound off.

#### INSTRUCTIONS:

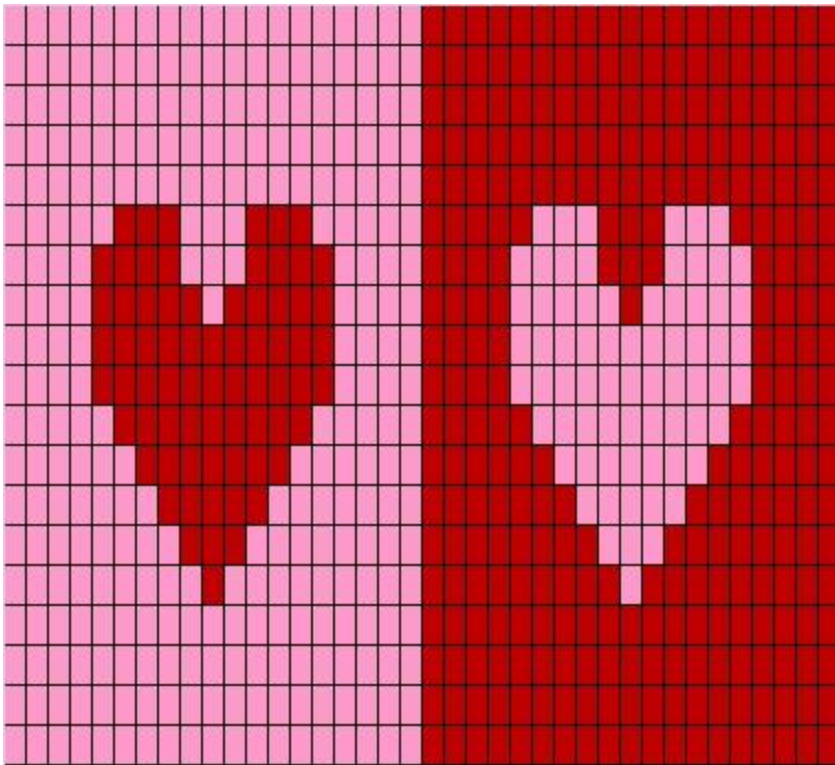
CO 19 sts in each color (38 sts total) using the **DOUBLE KNITTING CAST-ON**.

Slipping the stitches purlwise, divide the stitches onto 2 needles. A on Needle 1 and B on Needle 2. There should be 19 sts on each needle when you are finished.

You are now ready to begin working in the round using two circular needles.

Work Chart beginning with Needle 1 and A. Begin at the bottom left corner of the chart and knit from left to right across the chart (if you are more comfortable working right to left, it will still work, but the colors will be reversed).

Every time you finish one needle, you will be switching colors to begin the next ½ round. **TAKE CARE TO KNIT BOTH COLORS TOGETHER ON THE FIRST STITCH IN EACH HALF ROUND.** This will make a nice tight edge on either side of your hand warmers and guarantee that you will not have to do any seaming.



Once you have completed the chart, begin spooning rice into the inside of your hand warmer. You can make it as thick or thin as you like, thicker hand warmers will hold more heat, longer.

When your hand warmer is filled with rice to the desired thickness, Bind off using the **Three Needle Bind-Off**.

Weave in Ends.

#### **HEATING INSTRUCTIONS:**

Heat your Toasties in the microwave for 30 to 40 seconds. **DO NOT** leave the Toasties unattended in the microwave. If you start to smell popcorn, you are burning the rice and need to stop heating **IMMEDIATELY**. If they are not hot enough after 40 seconds, you can continue to heat them at 10 second intervals (**AT YOUR OWN RISK**) until they are hot enough, but **WATCH THEM CLOSELY!**

#### **STORAGE:**

When not in use, store your Toasties in a plastic Ziploc bag in the freezer. This will help pro-long the life of your Toasties. Please wait until they come down to room temperature before putting them in the freezer.

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